



Menu week 1: September 1 - 4

MONDAY

MARTES

WEDNESDAY

THURSDAY

FRIDAY

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CARROT CREAM
SOUP
PAISA RICE

FRENCH FRIES,
VEGETARIAN
PAISA RICE
BEANS

**FRUIT SALAD
BAR**
PAPAYA
BANANA
JUICE
BLACKBERRY
DESSERT
MINI JET

VEGETABLE CREAM
SOUP
CHICKEN AND
MUSHROOM
LASAGNA,
BOLOGNESE
LASAGNA

GARLIC BREAD,
VEGETARIAN
LASAGNA

FRUIT SALAD BAR
MANGO
PLUM **JUICE**
PASSION FRUIT
DESSERT
MINI BROWNIE

WHEAT
CUCHUCO,
OVEN-ROASTED
PORK LOIN,
CHICKEN WITH
MUSHROOMS,
RICE WITH
NOODLES

GARBANZO
CAIGUA WITH
CREAM

SALAD BAR FRUIT
WATERMELON
APPLE
JUICE
LULO
DESSERT
CHOCOBREAK

ANDALUSIAN
GAZPACHO,
LENTILS WITH
CHORIZO AND
LEGUMES,
WHITE RICE,
SPANISH POTATO
OMELETTE,
SPANISH
VEGETARIAN
LENTILS

SALAD BAR FRUIT
MELON -
PASSIONFRUIT
JUICE
CITRUS INFUSED
WATER
DESSERT
MINI CHURRO





Menu week 2: September 7-11

MONDAY

GREEN PLANTAIN
SOUP
SAUTÉED BEEF
FAJITAS
BAKED CHICKEN
THIGHS,
RICE WITH GREEN
PEAS

HOT ZUCCHINI
GREEN PEAS

FRUIT SALAD BAR
MELON PEAR
JUICE
LULO
DESSERT
COPELIA

MARTES

CHICKEN
CONSOMMÉ
RICE WITH CHICKEN
JULIENNES AND
VEGETABLES

PLANTAIN CHIPS,
VEGETARIAN RICE,
GARLIC
MUSHROOMS

FRUIT SALAD BAR
WATERMELON,
BANANA
JUICE
PINEAPPLE
DESSERT
JELLO WITH
CONDENSED MILK

WEDNESDAY

BARLEY STEW
FISH FINGERS
ROAST PORK
RICE WITH
NOODLES

SPINACH SOUFFLÉ
LENTILS

FRUIT SALAD BAR
MANGO
PEACH
JUICE
TAMARILLO
DESSERT
GUAVA SWEET
AND CHEESE
SANDWICH

THURSDAY

LETTERS SOUP
BREADED CHICKEN
CUTLET
BEEF JULIENNE WITH
VEGETABLES
RICE WITH SWEET
PLANTAIN

CARROT CAKE
BEANS

SALAD BAR FRUIT
TANGERINE
PINEAPPLE
JUICE
PASSION FRUIT
DESSERT
MINI DONUT

FRIDAY

MADRID STEW,
NOODLE SOUP,
CHICKPEAS,
SHREDDED CHICKEN
BREAST,
WHITE RICE

VEGETARIAN BLACK
PUDDING, CHORIZO,
AND COOKED
MADRID-STYLE
BACON

SALAD BAR FRUIT
AVOCADO
PAPAYA
APPLE
JUICE
CITRUS INFUSION
WATER / MANDARIN
DESSERT
SMALL PLATES





Menu week 3: September 14-18

MONDAY

LETTERS SOUP,
GRILLED MEAT,
BREADED CHICKEN
LEGS
RICE WITH
NOODLES

PUMPKIN CAKE
LENTIL

FRUIT SALAD BAR
PINEAPPLE - PLUM
JUICE
BLACKBERRY
DESSERT
COPELIA

MARTES

BEAN STEW:
GROUND BEEF,
WHITE RICE, EGG
PORK RINDS
AREPA,
BEANS,

MIXED VEGETABLES

FRUIT SALAD BAR
PAPAYA
PEACH
JUICE
LULO
DESSERT
QUIMBAYA

WEDNESDAY

VEGETABLES CREAM
SOUP.
SPAGHETTI
CARBONARA OR
BOLOGNESE

GARLIC BREAD,
SPAGHETTI WITH
VEGETABLES,
GREEK
MUSHROOMS

FRUIT SALAD BAR
MELON,
TANGERINE

JUICE
GUAVA
DESSERT
YELLOW FRUITS ICE
CREAM

THURSDAY

SPINACH CREAM,
BREADED PORK
FINGERS,
GRATINÉED
CHICKEN BREAST,
RICE WITH
CARROTS,

STEAMED CAIGUA,
CHICKPEAS

SALAD BAR FRUIT
STRAWBERRY
PASSION FRUIT
JUICE
PINEAPPLE
DESSERT
MINI LIBERALS

FRIDAY

PICADILLO SOUP,
VALENCIAN PAELLA

VEGETARIAN
VALENCIAN PAELLA
LOAF

SALAD BAR FRUIT
CHERIMOYA -
CANARY ISLAND
BANANA

JUICE
LEMON SORBET

DESSERT
RICE PUDDING





Menu week 4: September 21-25

MONDAY

RICE SOUP,
BAKED TILAPIA,
GRILLED CHICKEN
BREAST,
RICE WITH CORN

SWISS CHARD WITH
CREAM
GREEN PEAS

FRUIT SALAD BAR
ISABELLA GRAPE -
STRAWBERRY

JUICE
TAMARILLO
DESSERT
BUTTER COOKIE

MARTES

OATMEAL SOUP,
STEAK WITH
CHIMICHURRI ,
HONEY MUSTARD
CHICKEN LEGS
SESAME RICE

STIR-FRIED
VEGETABLES
CHICKPEAS

FRUIT SALAD BAR
PAPAYA PEAR

JUICE
LULO
DESSERT
PIAZZA

WEDNESDAY

MAZAMORRA
CHIQUITA,
ROASTED PORK
RIBS
PECHUGA
HAWAIIANA
RICE WITH SWEET
PLANTAIN

RUSSIAN SALAD
BEANS

FRUIT SALAD BAR
BANANA MELON
JUICE
PINEAPPLE
DESSERT
MARSHMALLOW

THURSDAY

BARLEY SOUP
BAKED CHICKEN
LEGS
LENTILS
WHITE RICE

BAKED
PLANTAIN

SALAD BAR
FRUIT
MANDARINA

KIWI
JUICE
MORA
DESSERT
COPELIA

FRIDAY

CHICKEN
CONSOMMÉ
GREEN PLANTAIN
WITH MEAT OR
CHICKEN AND
HOGAO

CHEESE, QUAIL EGG.
VEGETARIAN GREEN
PLANTAIN WITH
HOGAO

SALAD BAR FRUIT
PEACH
WATERMELON

JUICE
LEMONADE
DESSERT
MINI CHOCORAMO





Menu week 5: September 28-30

MONDAY

CUCHUCO
SOUP
CHICKEN
CURRY
GRILLED PORK
SESAME RICE

CREOLE-STYLE
BEANS
(SHREDDED
BEANS)

FRUIT SALAD BAR

PINEAPPLE
PLUM
JUICE
PASSION FRUIT
DESSERT
CHOCOLATE

MARTES

CHICKEN
CONSOMMÉ
CHINESE RICE

SWEET AND SOUR
ROLLS
VEGETARIAN
CHINESE RICE
GARLIC
MUSHROOMS

FRUIT SALAD BAR

PEACH
STRAWBERRY
JUICE
CURUBA
DESSERT
RED BERRIES ICE
CREAM

WEDNESDAY

RICE SOUP
OVEN-BAKED PORK
RIBS
GRILLED CHICKEN
BREAST
RICE WITH CORN

ZUCCHINI STIR-FRY
LENTILS

FRUIT SALAD BAR

PEACH
PAPAYA

JUICE
GUAVA

DESSERT
MINI CABBAGE

THURSDAY

FRIDAY

