

Menu week 1: May 4-8

MONDAY

PLANTAIN SOUP
RICE WITH
VEGETABLES AND
CHICKEN

CASSAVA
CROQUETTE
VEGETARIAN RICE
PEAS

SALAD BAR
MELON - BANANA
JUICE
PASSION FRUIT
DESSERT
CHOCMELO

MARTES

RICE SOUP,
BREADED THIGH,
GRILLED PORK,
WHITE RICE

CHICKPEAS
SAUTEED
ZUCCHINI

SALAD BAR
PINEAPPLE PEAR
JUICE
LULO
DESSERT
MERENGUE

WEDNESDAY

WHEAT
CUCHUCO,
GARLIC FISH,
STEAK
RICE WITH
NOODLES

PUMPKIN CAKE
BEANS

SALAD BAR
PAPAYA -
TANGERINE
JUICE
STRAWBERRY
DESSERT
MINI DONUTS

THURSDAY

MINI
SANCOCHITO
BBQ RIBS GRILLED
CHICKEN BREAST
RICE WITH
CARROTS

STEAMED
CAIGUA
MUSHROOMS

SALAD BAR
MANGO - PLUM
JUICE
TREE TOMATO
DESSERT
FROZEN

FRIDAY

SPAGHETTI WITH
CHICKEN OR
BOLOGNESE SAUCE

GARLIC BREAD
VEGETARIAN
SPAGHETTI

FRUIT SALAD BAR
PASSION FRUIT
WATERMELON
JUICE
NATURAL
LEMONADE
DESSERT
CHOCOBREAK

Menu week 2: May 11-15

MONDAY

OATMEAL SOUP,
FISH STEW,
GRILLED PORK,
SESAME RICE,
POTATO WEDGES,
CREAMED
SPINACH,
PEAS

FRUIT SALAD BAR
WATERMELON -
APPLE
JUICE
GUAVA
DESSERT
COPELIA

MARTES

BANDEJA PAISA
BEANS,
GROUND BEEF,
WHITE RICE,
CHORIZO,
CHICHARRON,
AREPA,
PLANTAIN SLICES

FRUIT SALAD BAR
MELON -
GRANADILLA
JUICE
PASSION FRUIT
DESSERT
MINI BROWNIE

WEDNESDAY

CHICKEN
CONSOMMÉ
CHINESE RICE
SWEET AND SOUR
ROLLS,
VEGETARIAN
CHINESE RICE
GARLIC
MUSHROOMS

FRUIT SALAD BAR
MANGO - BANANA
JUICE
TAMARILLO
DESSERT
STRAWBERRIES
AND CREAM

THURSDAY

MACARONI SOUP
BEEF STEW
CHICKEN BREAST
WITH CHIMICHURRI
SAUCE
WHITE RICE

CARROT CAKE

FRUIT SALAD BAR
KIWI-ORANGE

JUICE
PINEAPPLE
DESSERT
MINI LIBERAL

FRIDAY

BEEF CONSOMMÉ
SUPER BEEF OR
CHICKEN BURGER
FRENCH FRIES
SUPER VEGETARIAN
BURGER

FRUIT SALAD BAR
PAPAYA - GRAPE
JUICE
LULO
DESSERT
CHOCOLATE CREAM

Menu week 3: May 19-22

MONDAY

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MARTES

NOODLE SOUP,
GRILLED CHICKEN
BREAST,
BREADED FISH,
RICE WITH SWEET
PLANTAIN

SAUTÉED
VEGETABLES IN
BUTTER
LENTILS

FRUIT SALAD BAR
MELON-
GRANADILLA
JUICE
PASSION FRUIT
DESSERT
MINI JET

WEDNESDAY

CHICKEN
CONSOMMÉ,

BOLOGNESE OR
CHICKEN AND
MUSHROOM
LASAGNA

GARLIC BREAD,
VEGETARIAN
LASAGNA, BEANS

FRUIT SALAD BAR
KIWI - TANGERINE
JUICE
STRAWBERRY
DESSERT
CURD WITH
MOLASSES

THURSDAY

CREAM OF
SPINACH,
BAKED THIGH,
GRILLED PORK,
WHITE RICE

LENTILS,
BEANS,
ZUCCHINI STIR-FRY

FRUIT SALAD BAR
BANANA - CURUBA

JUICE
LULO
DESSERT
MINI CHOCORAMO

FRIDAY

BARLEY SOUP
BREADED CHICKEN
LEGS
GRILLED STEAK
FRENCH FRIES
CREAMED STRING
BEANS,
GARLIC
MUSHROOMS

FRUIT SALAD BAR
PAPAYA PLUM
JUICE
NATURAL
LEMONADE
DESSERT
HELADO

Menu week 4: May 25-29

MONDAY

OATMEAL SOUP,
JULIENNED PORK,
BBQ WINGS, WHITE
RICE

PLANTAIN WITH
GUAVA SWEET AND
CHEESE
LENTILS

FRUIT SALAD BAR

MELON PEAR
JUICE

TAMARILLO
DESSERT

QUIMBAYA

MARTES

CARROT CREAM
SOUP
PAISA RICE,
FRENCH FRIES,
VEGETARIAN
PAISA RICE,
LENTILS

FRUIT SALAD BAR

PINEAPPLE -
GRANADILLA
JUICE

MORA
DESSERT

MINI JET

WEDNESDAY

WHEAT STEW,
OVEN-BAKED TILAPIA
FILLET,
GRILLED CHICKEN
BREAST
WHITE RICE

CHICKPEAS
CAIGUA WITH
CREAM

FRUIT SALAD BAR

PAPAYA -
WATERMELON
JUICE

GUAVA
DESSERT

JELLO WITH
CONDENSED MILK

THURSDAY

LETTER SOUP
PLANTAIN WITH
HOGAO AND
SHREDDED CHICKEN;
PLANTAIN WITH
HOGAO AND
SHREDDED BEEF;
CHEESE;
GUACAMOLE;
PLANTAIN WITH
HOGAO AND
MUSHROOMS

FRUIT SALAD BAR
MANGO-TANGERINE
JUICE

LEMONADE
DESSERT
MINI GANSITO

FRIDAY

SANCOCHO
(RIB OR CHICKEN)
WHITE RICE

POTATO
CORN
YUCA
PLANTAIN

STUFFED BELL PEPPER

FRUIT SALAD BAR
BANANA-PINEAPPLE
JUICE

PASSION FRUIT

DESSERT
CUAJADA WITH
MOLASSESS